

Please note that the deadline for submitting applications will be
15th March 2017

The workshops will be on Friday's and Saturday's and the course
is expected to start on the 28th April 2017

National Rehabilitation
Centre

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CLINICAL DIPLOMA IN APPLIED PSYCHOLOGICAL SKILLS AND COMPETENCIES IN MENTAL HEALTH

 جامعة الإمارات العربية المتحدة
United Arab Emirates University



UAEU College of Medicine
and Health Sciences

COURSE OVERVIEW:

This post-graduate program focuses on improving skills and competencies in psychological intervention, partially in Cognitive Behavioral Therapy (CBT). Candidates of various professional backgrounds (nurses, physicians, psychiatrists, psychologists, etc.) are encouraged to apply. The program is run by the National Rehabilitation Centre (NRC) Abu Dhabi, which offers a specialization option in Substance Misuse. The Diploma is awarded by the College of Medicine and Health Sciences at the United Arab Emirates University.

COURSE CONTENTS:

The Diploma involves 200 teaching hours, 40 hours of supervised clinical work and 60 hours of preparation and self study.

The Program consists of twelve units selected from the following fourteen units:

Assessment And Outcomes Measurement
Basic Counseling Skills
Basic Group Skills
Behavioral Interventions
Basic CBT Skills
CBT For Depression
CBT For Anxiety
Anger Management
Trauma And Grief
Motivational Interviewing
Relapse Prevention
Family Therapy
Mindfulness Based CBT
Dialectical Behavior Therapy

The Program also requires candidates to have supervised clinical work, with reports from supervisors. The teaching methods will involve didactic teaching, experiential workshops, seminars, DVDs, online-internet based teaching, work assignments and case reports.

COURSE ATTENDANCE:

Attendance throughout the course will be recorded and monitored and students not achieving a 80% attendance mark will be advised that they will be unable to sit the exams, and may be advised to withdraw from the course

CRITERIA FOR AWARDING THE DIPLOMA:

1. Attending at least 80% of the teaching sessions.
2. Satisfactory completion of all course works and assignments.
3. Passing Multiple Choice (MCQ) Exam (60% minimum).
4. Pass Oral Clinical Exam (60% minimum).
5. Combined minimum exam mark of at least 75% (MCQ Exam = 40% total weighted score, Oral Clinical Exam = 60% total weighted score).
6. Submission of co-signed supervision log
7. Submission of rating form by supervisor

ADMISSION CRITERIA:

Qualification / Criteria	Essential	Recommended
1st Degree from a university recognised by the UAEU in a health related field.	Currently involved in clinical work and receiving supervision.	Psychology, Nursing, Medical, Psychiatry, Social Work, Occupational therapy.
Or 1st Degree in a non-health related field from a university recognised by the UAEU.	Currently involved in mental health work and proof of receiving supervision from a mental health professional.	At least one years' experience of working in a clinical setting.
Proof of currently receiving supervision or commitment from an identified supervisor in a clinical workplace.	Commitment from a supervisor to write a report and co-sign a supervision log.	
Competency in English.	Satisfy selectors of competence at an interview.	UEKTS 6/ TOEFL 70 (internet based) equivalent or first degree to have been taught in English.

ADMISSION PROCEDURE:

Application:

Completed UAEU application form and the following checklist:

- Current CV/ Résumé
- Three letters of reference (including one from your employer)
- Photocopy of your passport
- Copy of UAE Identification Card (for UAE residents)
- Four passport size photos (with your name written on the reverse)
- Original copy of your undergraduate transcript / degree with marks included
- Your specialty practice license from the appropriate health authority

Selection:

All applicants meeting the admission criteria will be invited for an interview. Applicants who fulfill all the criteria and satisfy the interview panel will be offered a place in the Diploma course.

